
Family Care Foundation



Annual Report

Caring for today . . .

Investing in tomorrow

FCF Tsunami Response

Within hours of the tsunami tragedy that struck Asia in the last days of 2004, Family Care Foundation (FCF) responded with immediate assistance for victims in India, Thailand and Indonesia. FCF Project Partners and volunteers of Family Care Foundation continue on the ground, responding to the most urgent needs, as well as assessing upcoming needs.

INDIA - A united relief effort was coordinated in the villages of Tamil Nadu State, followed by a program focusing on the replacement of fishing boats for the villagers in order to sustain their livelihood. Construction of a school for village children ages 6 - 14 is now underway, with an orphanage to follow.

THAILAND - FCF is involved in the communities of Phuket, Phangna, and Ranong, three of the worst affected provinces. FCF partners assisted in the grassroots development and staffing of a daycare center for tsunami orphans and children of tsunami survivors, and remain involved in ongoing restructuring efforts.

INDONESIA - FCF focused efforts in Aceh, with trauma counseling in coordination with the Red Cross, as well as mobile phone and aid distribution, and is now concentrating on replacement of fishing boats for the villagers.



*"Give a man a fish and you feed him for a day. Give a village a fishing boat and you feed them for life."
- Our Indian adaptation of the old Chinese proverb*



A Mickey Mouse doll and a hug for a four-year-old Thai girl whose father perished when the wave hit.



Stimulating the Indonesian boat-building economy with orders for fishing boats to replace those lost to the tsunami.

FCF provides both direct service delivery as well as training and technical assistance to the disadvantaged.

Sustainability for Tsunami Victims

100% of each donation designated for tsunami relief has been sent to fund relief efforts directly benefiting tsunami survivors in the hardest hit areas. For a relatively modest sum, certainly when related to North American standards, entire villages can be assisted and the livelihood of hundreds of families can be restored through well-targeted aid.

Once the immediate emergency needs had been addressed, FCF project partners focused their efforts on longer-term sustainability of the fishermen most affected by the disaster. To paraphrase an old proverb: Give a man a fish and you feed him for a day. Give a village a fishing boat and you feed them for life.

The Community Boat Project was initiated in India with other local non-governmental organizations and now encompasses 4 districts of Tamil Nadu, the coastal area hardest hit in India. A similar boat building project initiative remains under way in Banda Aceh, Indonesia, spearheaded by *Family Care Indonesia*.

With the realization that it is not possible to provide a boat for every single fisherman, this initiative provides a number of fiberglass fishing boats, engines and nets to villages, which are then jointly used by the fishermen for the common good of their community. Villagers who have never owned a boat have organized into groups, with boats presented in the name of the group, but operated by the village administration.

Income derived from their fishing is used for the sustenance of the entire village until such time as the government can step in with compensation. After this, the village administration will hand over these boats to the groups in whose name they were bought. Henceforth, the members of these groups will become the sole beneficiaries of their daily catch.

Additional humanitarian assistance programs included providing tool sets for carpenters and boat salvage organizations, the servicing and rebuilding of boat engines, desalinating farmlands, rebuilding and renovating a school, providing text books and tuition sponsorship, manning a temporary orphanage in Thailand housing 300 tsunami orphans, as well as providing emotional healing programs in all three countries.

Indonesia: Meet Some Tsunami Survivors

Family Care Indonesia

There had been a lot of commotion in 32-year-old Yayan's home that fateful December 26th morning. His wife was in labor, the midwife arrived, and their new baby boy was born in the throes of an enormous earthquake. Having viewed his healthy new son, Yayan stepped outside to survey the situation. Within minutes, the tsunami waves bore down with full force, wiping out everything and everyone in its path.

In minutes, Yayan became one of only 3 survivors of his whole extended family. His father, a respected boat owner and fisherman had had 10 children; most of who were married and had children of their own. Now, all had been swept away by the tsunami, except Yayan, and two of his sisters.

Yayan did have one remaining possession still in one piece -- a boat, the *Selat Malaka*, capable of employing 25 people. Unfortunately, this large boat had been driven inland, settling between two buildings on a university campus.

Hiring a construction company to undertake the job of moving the boat to sea was beyond Yayan's financial capabilities. With help from *Family Care Indonesia*, the *Selat Malaka* was recovered, representing a significant economic and psychological breakthrough for Yayan and his small community.

A group of twenty men using two Caterpillar bulldozers worked two-and-a-half days in wet, muddy conditions to move the boat to the riverbank, where repairs began to again fit it for sea.



The marooned boat, Selat Malakat, with scrawled inscription translating as, "Many people were saved on top of me."



One bulldozer in front, one in back. The previous night a 12-hour torrential rainstorm had turned the area into a field of mud.

Mobile phones are lifelines here. The ones we distributed were for survival, not lifestyle. We gave phones to some outstanding teachers who had lost everything and were living on the floor of simple, spartan school buildings, but were determined to keep on teaching. Among other things, this act alone provided security and normalcy to the pupils, including many newly-orphaned children.

Or how about Sri, Rizal, Agus, Cut Cinta, Hasan, Indra, and Fitri, all volunteers with the local branch of the Red Cross (PMI).

"They are true volunteers," said their supervisor. "They work around the clock. They receive no salary, only food a couple times a day. It has been a demanding situation. We all live in tents. We are refugees ourselves."

Sri, previously a student at the teachers college, told how she miraculously escaped the waves. Her rented room, computer, assignments, textbooks and a newly-completed thesis were all wiped out.

Now, months later, her workload as a Red Cross volunteer has lessened and she is starting to re-do her work so she can graduate. Her vision is clear, but there are obstacles. The library is gone! She has to rent computer time per hour in a small, noisy, public place. She has no home or belongings, only the clothes she is wearing. Nevertheless, Sri has a radiant personality and a strong faith that God will provide. No doubt she'll soon graduate and become a compassionate teacher.

We had first met Nasir in a refugee camp in Lepung, situated down the coast from Banda Aceh. Out of a population of 5,000 in Lepung, only 125 survived.

When the 35-meter (100 foot) wave hit, Nasir had been driving a front-end-loader at the local cement factory.

"I saw the wave coming, but didn't move my tractor. At first, I thought it was just a larger-than-normal wave. It just kept coming, and then I saw another larger wave coming. I moved my tractor to higher ground, and then began running. I expected to be swept over by the wave at any moment," he recalls.

In an instant, Nasir's 30-year-old wife, three beautiful children and all that he owned was gone. "For the past 20 years I spent nothing on myself or on any other luxuries in order to build a home for my family. Only a few months ago, I had finally reached my goal. Our home was finished and furnished. I had also just made a down payment on a new motorcycle," Nasir confided in us.

There was something especially endearing about Nasir, so obviously broken-hearted and yet so open to receiving encouragement. After our original meeting, we gave him a booklet of quotations on comfort in times of trouble and took a couple photos together.

Months later, Nasir came to mind and we began wondering if we would ever see him again since a visit to his particular camp was not on our schedule.

"Hello! What a surprise to meet you here!" We looked up to the cheery voice of Nasir standing right outside the door of a restaurant. Even more amazingly, we had the photos along that we'd taken months before!

Nasir looked at the photos and asked if we could take some new ones. "I was so sad and gloomy in those photos. I don't want to be like that." And so of course new photos were taken.

Nasir then made a special request: "As you know, my wife and kids got taken by the tsunami and I have no photos of them. I've been able to collect some pieces of old photos which my friends had that show my wife and two of my 3 children. Please can you help me fix the pictures to make one of me standing by my wife?"

That evening I scanned and made a test edit of his photos, which he excitedly approved the next day. Back in Jakarta we brought them to a studio where they have now been professionally re-touched, showing Nasir and his beloved wife and children.

Nasir lost 77 direct family members on his side of the family and a similar amount on his wife's side. Being a very diligent man he mapped out a 'family tree', recording all the family members who perished in the tsunami.

Footnote: Our lives and mindsets have been forever altered by the interactions we have been blessed to have with the brave and God-fearing people we have met here -- not just survivors but overcomers!

Grants and Program Support

Grant making, program support, and humanitarian aid totaled

\$1,420,771 in 2004: \$503,311 in cash support, and \$917,460 in humanitarian aid and in-kind program support.

The following is a sampling of grants, distributions, humanitarian aid and program support given in 2004.

Asia

Helping Hands Korea **\$21,000**
Seoul, S. Korea
Assistance to North Korean refugees

New Horizons Project **\$16,350**
Pune India
Multi-purpose Community Center

Eternal Vision **\$10,735**
Iloilo City, Philippines
Free optical testing and fittings

Family Care Cambodia **\$4,681**
Phnom Penh, Cambodia
Quality care for orphans

Family Services Bangalore **5,969**
Bangalore, India
Youth leadership program

Family Focus **\$4,279**
Bangalore, India
Youth development training

Family Samaritans **\$4,152**
Bangalore, India
Underprivileged/terminally ill children

SHARE **\$4,126**
Chennai (Madras), India
Humanitarian aid to orphanages/
hospitals

Hands That Help: India **\$3,909**
Hyderabad, India
Community development

Friends in Deed **\$3,900**
Bangalore, India
Training for hearing-impaired

Voice for the Deaf **\$3,674**
Secunderabad, India
Training for hearing-impaired

FSF **\$3,179**
Hyderabad, India
Street children

Polio Child Relief **\$2,929**
Mumbai, India
Free polio operations

India: Community Education Center**Family Services Bangalore**

As our first long-term project to assist the young victims of the tsunami disaster, we undertook rebuilding a Community Education Center, the primary institution available to educate the children of the local fishermen.

The main target group is school children between the ages of 6-14, as well as school dropouts from the fishing community between the ages of 14 and 20.

Of the 1,100 students assigned to this school, about 800 are from the coastal community and about 150 are from the labor community who are dependent upon the fishing community for their livelihood.

There are 24 class groups in the school but only 19 classrooms, and unless new classrooms were built, the school would have to be closed.

The management committed to providing free education and training, so we committed to constructing 8 new classrooms, classroom furniture (including desks and benches), plus a community hall and additional washroom facilities.



"The tsunami survivor started talking to me in Tamil saying that he had lost everything, his wife and 3 of his 5 children, his home and his boat. I could tell he just didn't have it in him to know how to start to rebuild his life. Not knowing what to do I just took him in my arms and hugged him and then he just burst forth in tears, uncontrollable crying and grief. I too could not restrain the heartache. At last he got it out, all the pent up grief and uncertainty came gushing forth."

Ashraya Niketan Bangalore, India Desititute women and children	\$2,000	Mission Care Taiwan Taichung, Taiwan Motivational seminars	\$2,800	Fazendo do Mundo Lago Sul, Brazil Assistance to abandoned children	\$1,800
FESF Karachi Karachi, Pakistan Vocational education of hearing-impaired	\$7,065	South America		AB Care Sao Paulo, Brazil Aid to impoverished families	\$1,527
Challenge/Siam Services Chiang Mai, Thailand Program initiators for the aged	\$6,854	FEDES Santiago, Chile Vocational school/Medical	\$69,690	Overseas Missions Santiago, Chile Services for orphans and abused children	\$2,582
Asiavision Bangkok, Thailand Education of institutionalized children	\$7,153	Los Andes Mission Trujillo, Peru Aid to impoverished families	\$22,780	Mexico/Caribbean	
Central Thailand Mission Bangkok, Thailand Socialization program orphan adoption	\$5,385	Casa Cumbre Lima, Peru Education of institutionalized children	\$10,000	MexCity Mission Mexico City, Mexico Leadership training/Orphanage	\$57,962
ESAHN Family Assistance Nakorn Ratchasima, Thailand Drug awareness & prevention program	\$1,525	Healing Colombia Bogota, Colombia Drug prevention program	\$11,300	Projecto Rescate Monterrey, Mexico Food & Clothing Distribution	\$5,537

Thailand: Restoring a Sense of Normalcy

Builders of the Future

Under supervision of the Phang-Na Education Service Area Office, we are participating in a program providing 12 to 18 months of education for students in 10 schools. These children, ages 5 to 7 years, either suffered directly as a result of the tsunami, having lost one or both parents, or come from underprivileged circumstances.

We are also establishing a children's library, the purpose being three-pronged:

1. To reinstate a sense of normalcy and harmony
2. To create an educational facility to promote a love for learning and to empower these children with the ability to experience self-education.
3. A child-friendly library would not only enrich their educational opportunities, but would create beneficial recreation to occupy their minds and introduce them to new realms of possibilities and adventure, beyond their immediate and often difficult surroundings.



Interacting with students

The library's IT Lab will provide two immediate advantages. Computer and IT literacy is becoming an increasingly important ingredient for success in today's modern world. Additionally, the children will benefit from access to the wide variety of computer or internet-specific educational resources, as well as access to a learning center for computer sciences.

Silver Lining Saltillo, Mexico Food & Clothing Distribution	\$2,100	Anglican Children's Project \$2,535 Lusaka, Zambia Curative and preventative AIDS care	Russia and Eastern Europe
Puerto Rico Outreach San Juan, Puerto Rico Education Programs for Single Mothers	\$3,000	Miles for Smiles \$11,581 Arusha, Tanzania Teacher training and education	Love's Bridge, Perm \$10,839 Perm, Russia Education and housing of street children
Africa		ARM (Africa Radio Ministry) \$8,155 Kampala, Uganda Programs for public service radio	Firefly Project \$9,150 Kiev, Ukraine Humanitarian assistance
Matumaini Durban, S. Africa AIDS care and counseling	\$12,610	African Educational Services \$14,491 Lusaka, Zambia Humanitarian aid and educational programs	Caring Hearts \$9,333 Budapest, Hungary Programs for institutionalized children
Akado Integrated Health Mbita, Kenya Programs for AIDS Orphans	\$4,555		

North Korean Refugee Resettlement

Helping Hands Korea

July 2004 was a landmark month for the rescue of North Korean refugees, with more than 450 refugees arriving in South Korea, the largest refugee resettlement from the North since the height of the Korean War in the early 1950's.

Human rights activists in South Korea hail the move as a breakthrough and significant departure from Seoul's usual low-key and incremental approach to refugee admissions. "A landmark decision, no question about it," said Tim Peters, the director of *Helping Hands Korea*, an FCF Project in Seoul focused on refugee assistance.

"This is what we've been hoping for," adds Peters. "People with no light at the end of their tunnel have suddenly been given a new life."

Widespread famine in North Korea during the late 1990's claimed a conservative estimate of 1 - 2 million lives, and has left 85% of North Korean children malnourished. Activists estimate that there are nearly 300,000 North Korean refugees in neighboring countries. If they are caught in China, they are forcibly returned to North Korea where many are imprisoned and, in some cases, executed.

Helping Hands Korea supports a number of secret orphanages for North Korean children in China, as well as assisting in evacuating refugees via the underground railroad to surrounding countries. Additionally, *Helping Hands Korea* supports food production operations in North Korea.



Tim Peters with North Korean refugees, now safe in South Korea



Tim (center right) during a Congressional testimony on North Korea

Healing Hearts Kosovo	\$3,900	Subtotal cash program support	\$402,542
Prishtina, Kosovo			
Motivational programs for refugees			
Balkans Relief Mission	\$2,875	Other grants and humanitarian aid	\$100,769
Sarajevo, Bosnia			
Drug awareness program			
FAVOR	\$2,575	For a GRAND TOTAL of - - - - -	\$503,311
Bucharest, Romania		in cash grants awarded in 2004.	
Transitional home for orphan graduates			
		Plus an additional	\$917,460
		of in-kind program and other program support	

In dollar for dollar results, Family Care Foundation offers the best charitable return you can get.

Never underestimate the power of small targeted grants given at the grassroots level.

Basic Education at the Grassroots

Edu-Vision, Abuja, Nigeria

As part of the U.S. Administration's Strengthening Basic Education in Africa Initiative, Nigerian based *Edu-Vision International Services* (EIS) is methodically distributing 250,000 supplementary readers and teaching/learning aids to schools in four states in Nigeria, in conjunction with other U.S. based organizations.

Edu-Vision International Services provides qualitative education for children from less privileged rural communities in the Abuja region of Nigeria, when families are financially unable to send their children to school. A school established by *EIS* for the targeted communities also provides adult literacy classes, primarily for the village women, as well as trains local teachers and provides them with employment.

FCF Project managers, Simon and Joan Danmola, explain, "To further our goal we have targeted four local villages comprised largely of Gwari (poor farmers), as well as a large segment of unemployed settlers from various parts of Nigeria. Six classrooms have been constructed, with more construction in progress; over 100 village children are receiving good qualitative education with modern methods of teaching."

Through *EIS* support, both children and their parents have deepened their awareness toward qualitative education. Many of the parents, especially mothers who tend to be uneducated and illiterate, begin to gain literacy.



The only hope of school for these village children rests with Edu-Vision



Classroom set-up for underprivileged children in Gwagwalada, Nigeria

2004 FCF Financial Factoids

Based on Total Revenue of \$2.5 Million, FCF spent **\$1.5 Million** on charitable programs and services in 2004.

The number of FCF's active donor-partners continues to grow year-by-year in a heartening response to our programs. Total donors increased by 13% in 2004.

Mexico: Hygiene Program

La Familia del Futuro

To launch our Hygiene Program, we chose the San Mateo hill communities outside Mexico City, where we have provided food-aid to disadvantaged families for the past few years.

The program instructs mothers in proper hygiene procedures in regards to bathing and caring for their children, as well as providing instruction in proper brushing of teeth. As part of the program, each child receives new clothes, shoes, a hygiene kit (including toothbrush, toothpaste, soap & shampoo), and a washbasin.

We specifically targeted families having between 3-5 children, those who could ill-afford even basic health-care needs. Typically, such families do not even have access to safe running water, therefore stomach disorders, diarrhea, skin warts and like diseases are typical, as are various body parasites. Bearing in mind their minimal economic abilities, we modeled solutions around low-cost options that became the core elements of the program.

We have learned that our simple program objectives appeal to these families as much as if we were offering them a complete set of new furniture for their dwellings. As they see it, a hygiene program provides a building block to bring about lifestyle changes that will make a difference.

When questioned about their living conditions, personal appearance and self-esteem, the general response from such families is that they genuinely desire to elevate their level of living and quality of life. They especially want their children to learn cleanliness and to raise their personal standard, as they feel this will enhance their future.

STATEMENT OF FINANCIAL POSITION

	2004	2003	2002
ASSETS			
Cash and Cash Equivalents	\$395,409	\$245,589	\$293,106
Fixed Assets	443,277	414,970	420,218
Other Assets	47,705	31,541	0
Receivables	4,100	0	29,785
Total Assets	\$890,491	\$692,100	\$743,109
LIABILITIES			
Accounts Payable	2,786	18,741	33,611
Deferred Revenue	3,080	3,080	0
Mortgage Payable	376,131	380,559	385,120
Total Liabilities	\$381,997	\$402,380	\$418,731
NET ASSETS			
Unrestricted Net Assets	405,787	147,729	212,035
Temporarily Restricted Net Assets	99,708	137,758	118,653
Subtotal Net Assets	\$505,495	\$285,487	\$330,688
Unrealized Gain/Loss on Securities	2,999	4,233	(6,310)
Total Net Assets	\$508,494	\$289,720	\$324,378
Total Liabilities and Net Assets	\$890,491	\$692,100	\$743,109

STATEMENT OF ACTIVITIES

	2004	2003	2002
INCOME			
Contributions/Grants	1,596,863	1,208,574	1,040,436
Donated Goods	956,176	1,852,769	1,924,906
Donated Investments	0	6,413	18,873
Exempt Purpose Sales	2,450	2,800	3,987
Interest Income	600	1,190	978
Dividend Income	66	0	2,564
Gain on Sale of Donated Securities	4,731	0	0
Loss on Sale of Investment	0	(4,595)	(9,829)
Other Income	29,499	31,346	31,656
Total Income	\$2,590,385	\$3,098,497	\$3,013,571
EXPENDITURES			
Missionary Support, Grants, and Allocations	512,216	596,802	405,002
Other Program Services	1,044,086	1,977,976	2,104,823
Total Program Services	\$1,556,302	\$2,574,778	\$2,509,825
Fund Raising Costs	728,220	498,538	335,468
Other Operating Costs	85,856	70,382	49,858
Total Support Services	\$814,076	\$568,920	\$385,326
Total Expenditures	\$2,370,378	\$3,143,698	\$2,895,151
CHANGE IN NET ASSETS			
Change in Net Assets	220,007	(45,201)	118,420
Net Assets at Beginning of Year	285,487	330,688	212,268
Net Assets at End of Year	\$505,495	\$285,487	\$330,688

A Glimpse at How the Other Half Lives

Los Andes Mission, Peru

To establish a context for the humanitarian efforts of *Los Andes Mission*, one only has to visit a large garbage dump in El Milagro, outside Trujillo, where garbage provides the main income for the people of this extremely poor community. The garbage covers literally acres and acres, leaving even a casual observer with an indelible memory. Hundreds and hundreds of poor people -- men, women and children -- scour the garbage for remnants to gather and sell in order to eke out a basic existence.

Each scavenger in this surreal environment specializes in one particular product. For example, the 5-year-old boy we saw gathering cardboard, can trade in a kilo of his find for one sol (equivalent to 3 cents U.S.), sufficient to buy a loaf of white bread. Others hunt out aluminum cans to sell to recyclers for a similar pittance. Any edible remnants of garbage provide the basis of meals for these impoverished people. Then, at the end of each hot dusty day, thousands of hogs are released on the same site for their main feed of the day where they forage the remnants!

To call these conditions sub-human is an understatement. While some of these folks, freshly down from the mountains of Peru, actually live right in the garbage heap, thankfully others have a relatively better existence, having claimed a plot of land in the nearby settlement of El Milagro. Once their plot is registered, these families set aside precious savings in order to purchase adobe bricks, a few at a time, while meanwhile living in makeshift dwellings built literally from plastic, sticks and stones.

Each block of houses shares one water spigot, and water must be hauled by hand. To make matters worse, water only comes in every second day, and then for merely 20 minutes. The fact that these people can eke out an existence at all is certainly a testimony to their fortitude.

Maria Henderson, a native of Trujillo, along with her husband Rod, founded *Los Andes Mission* in an attempt to better the life of these unfortunates. Amidst this setting, Los Andes Mission has established a community center from which they coordinate humanitarian activities and services. In addition to the services provided through the center, they have adopted some of these families and helped provide the funding and support needed to construct simple adobe houses, complete with corrugated tin roofs, and cement floors (rather than dirt), all of which has not only raised their standard of living but also lifted their spirits and raised their personal goals tremendously.



For too many poor of this world, sifting garbage provides their only source of income



Men, women and children scour the incoming garbage for remnants to gather and sell



This 5-year-old boy sells a kilo of cardboard for the equivalent of 3 U.S. cents



Newcomers from the mountains of Peru may actually live right in the garbage dump, while others claim a plot of land in a nearby settlement

*Caring for today
Investing in tomorrow*



Above photo: A still-shocked Indian couple standing in the remains of their house after the tsunami.



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Cover photo: Hope once again exists for these Tamil Nadu fishermen, readying their new fishing boats to head out to sea.