
Family Care Foundation

FCF



Caring for today



Investing in tomorrow

Annual Report for Fiscal Year 2001

Executive Message

Caring for Today. Investing in Tomorrow. At Family Care Foundation (FCF), these guiding principles are much more than a slogan. The needs facing multitudes of disadvantaged people and families around the world are acute and pressing. They require immediate attention. And yet the best solutions for today's problems often demand foresight and strategic planning to achieve sustainable solutions that look well into the future. The philosophy and vision behind our programs and grant making acknowledges the vital role that each of these elements play in changing the lives of those we serve.

The year 2001 was a significant one for our programs in achieving solid progress and growth in these two parallel areas of concern. As a public charity that operates programs, makes grants,

and provides training for grassroots philanthropic leadership and organizations in developing countries, we participate in a wide range of community-based initiatives. By initiating and operating programs, and by providing funding, training, technical assistance, and coordination services for other agencies worldwide, FCF is able to reach out to families and communities across the globe.

To enhance the quality of life of a family, resources and opportunities must be available. While these are readily obtainable in developed nations, the same can be lacking in developing countries. By helping launch new programs around the globe, and by investing time, training, and funding in the grassroots groups that we identify, FCF is able to deploy these resources where they

are most needed and have the greatest impact. With this approach, our global relief and development network, the Mission Support and Humanitarian Services Program (MSHSP), provides both emergency services and sustained development for communities, families, and children in nearly 50 countries.

We have found that the best solutions are developed locally, as those at the grassroots level themselves often have the best perspective on the solutions needed and appropriate means of evaluation. Thus, FCF's approach of identifying successful existing programs and helping them build capacity, rather than attempting to "reinvent the wheel." Such an approach is especially effective where a well-organized local initiative is supported by appropriate funding and training, and

• **Family Care Association (FCA)** is an FCF project in Nigeria whose express purpose is helping disadvantaged families via a number of national programs. The program that has provided the most significant impact is the "Free Medical Care to Rural Areas" program. FCA collaborates with the Nigerian NGO "Pro-Health International" in addressing the healthcare and medical needs of the Nigerian people in the most rural areas of the country. This past year they brought mobile medical care to 26 rural areas, treating approximately 78,000 patients. The majority of the patients who have benefited from these joint healthcare projects would have never had the opportunity to be consulted by a doctor. One main reason for this is their rural location, in addition to their inability to afford treatment or to buy medicine. FCA also provides

an immunization program, vocational training, adult literacy programs, orphanage support programs, emergency relief and aid for the victims of disasters,

rehabilitation programs for prisoners, educational programs for character development and friendship, as well as builds and refurbishes schools.



(Executive Message continued)

is coupled with capable managers and willing volunteers. This formula can have a significant impact on the problem at hand.

We believe that developed nations have a special responsibility to address the problems of economic globalization and to enhance the quality of life for all families of the global community. The initial financial resources, necessary to make such positive change possible, must come primarily from concerned donors in developed nations.

Family Care Foundation was established to do two things: 1) To make a significant, lasting impact on the lives of disadvantaged children and families around the world through our programs and grant making, and 2) To enable private foundations, as well as corporate and indi-

vidual donors, to collaborate with us in support of these grassroots initiatives in developing countries.

We operate programs and make targeted, strategic grants in support of a wide variety of pre-selected budding organizations overseas that have little outside support, and that can make the most effective use of the resources invested in their work. For such entities, grants for basic operational and training costs can build organizational capacity in important ways. The grants also increase their confidence and enhance their credibility locally, which enables them to become more effective advocates for their causes and better able to obtain increased local support.

The public foundation status of Family Care Foundation, our low

administrative overhead (7%), and the collaborative structure of FCF's MSHSP, enables private foundations, and corporate and individual donors to make international grants without struggling with the issues that often hinder effective international grant making: difficulty in identifying appropriate recipients, evaluating program effectiveness, high costs and administrative burdens. Our program also gives donors the benefit of the unique insights of local activists who know the special needs of their community.

We are pleased to present to our supporters, trustees, project managers, and partners the following report on accomplishments and progress for 2001 and plans for the future. We here at Family Care Foundation thank you all for the vital part you play in making all of this possible.

• **Love's Bridge in Perm, Russia**, as featured on CNN, began working with Russian street kids in 1998, the first in the region to tackle this problem. These street kids are accustomed to sniffing glue and stealing, scrounging food from the garbage, and sleeping in sewers, basements or abandoned buildings. Love's Bridge established centers where hundreds are fed and cared for each month. Without such care, most of these children, ages 6-15, have a common future: jail. Love's Bridge has enjoyed considerable success in inspiring these young people to give up their addictions and resume studies. Many become useful members of society, despite their upbringings that follow a pattern of physical and emotional abuse at home.

Initially, street kids come to the centers to receive food, clothing,

and simple medical attention. They are also able to take showers, wash their clothes, watch television, play computer games, and participate in fun educational activities. Most of these children have not studied for years, so Russian student volunteers teach

basic scholastics 1-3 hours a day. Love's Bridge also coordinates activities with a vocational school that accepts kids with limited education, training them to be plumbers, carpenters, cooks, and painters.



Our Accomplishments in 2001

The number of projects that comprise our global relief and development network, the Mission Support and Humanitarian Services Program (MSHSP), numbered 100 in 47 countries at the end of 2001.

In line with our goals for the year 2001, we were able to significantly expand and enhance our program to build the capacity of local grassroots organizations and leadership. A total of 24 project managers were able to attend customized training programs at our San Diego headquarters.

These entrepreneurial philanthropic leaders continue to grow in their effectiveness at the helm of their FCF projects and are

having an increasingly important role in solving the problems facing their countries of residence and service.

Our training facility, Brookside Farm, located in rural San Diego county, served 149 seminar and event attendees and other beneficiaries of our training programs in 2001.

One of our goals for 2001 was to increase the amount, extent, and impact of our grants and program support. This was accomplished in dramatic fashion. Total grants and charitable distributions increased by over 140% in 2001—more than double the year before!

Our “Immediate Disaster Relief”

(IDR) program responded to flooding in Orissa, India, that left millions homeless, with a planeload of 40 tons of food and medical aid for the victims. Distribution was accomplished by FCF’s network in India.

Other humanitarian relief efforts in 2001 provided assistance to 50 countries on 5 continents. Medical relief missions were also conducted in India, Nepal, Nigeria, Kenya, Tanzania, and Chile.

To give you a sense of how many lives were touched through our 100 projects in 47 countries, here are some informal statistics.

(Please note that the following summary is by no means exhaustive. Actual total services provided and humanitarian goods distributed exceed this list.)

- Dollar value of medical aid delivered: \$2.5 million plus
- Dollar value of food and clothing distributed: \$2.5 million plus
- Number of prepared meals served: 221,000
- Volume of food distributed: 650 tons
- Number of food recipients: 500,000
- Individuals personally counseled/ministered to: 207,000
- Seminars: 9,179 seminars, attended by 104,644 people, covering a total of 38 topics including Drug Awareness, AIDS Prevention, Parenting, Teacher

- Training, Volunteerism, Conflict Resolution, and more
- Number of Disaster Victims served: 227,415
- Number of people provided with medical treatment: 100,749
- Number of eyeglasses dispensed: 6,500
- Number of orphans, street children, and other youth at risk served: 139,559
- Number of functionally challenged served: 32,020
- Number of individuals served in institutions (hospitals, prisons, shelters, etc.): 64,741

- Educational and motivational shows and performances: 2,356 shows for 14,661,045 people
- Bibles and Gospel literature distributed: 2,434,782 pieces
- Additionally, the two children’s educational video series that FCF has licensed, Treasure Attic and Huggabug Club, continue to be broadcast regularly on four US television networks.

Greater detail on all the above is available our web site (www.familycare.org), which continues to attract increased traffic from members of the public seeking information on our programs.



Program Support and Grants

The following is a sampling of program support, grants, distributions, and humanitarian aid given in 2001.

Grant making, program support, and humanitarian aid totaled \$1,448,047 in 2001: \$370,745 in cash support, and \$1,077,302 in humanitarian aid.

Asia/Pacific

Immediate Disaster Relief

To Orissa, India
Disaster relief to flood victims

New Horizons Project \$9,057
Poona, India
Youth leadership program

Family Educational Services (FESP)—Karachi \$13,591
Karachi, Pakistan
Vocational education for hearing-impaired adults

FESP—Lahore \$4,487
Lahore, Pakistan
Education and community work to disadvantaged and handicapped sectors

Samaritans \$4,419
Bangalore, India
Underprivileged and terminally ill children

Family Services \$5,465
Bangalore, India
Programs/aid to orphanages

Friends in Deed \$2,565
Bangalore, India
Motivational programs

Voice for the Deaf \$3,057
Hyderabad, India
Training for hearing-impaired

Hands That Help: India \$4,018
Hyderabad, India
Street children program

Society of Pollution and Environment \$2,500
Uttaraanchal, India
Workshop on conservation and ecotourism

Family Educational Services—Istanbul \$1,170
Istanbul, Turkey
Aid/education to disaster-affected areas

Horizons of HOPE \$3,475
Beirut, Lebanon
Prison program

CVR Ministries \$17,572
Taipei, Taiwan
China missionary preparation

Challenge Start Up Team \$6,750
Senior center development project

Asia Vision \$6,855
Bangkok, Thailand
Publication of family values literature

Channel of Hope \$2,240
Pasay City, Philippines
Women's prison ministry

Better World \$1,745
Rizal, Philippines
Food for handicapped children

Eternal Vision \$8,046
Iloilo City, Philippines
Free optical fittings

South/Central America

Mapuche Quest \$3,568
Villarrica, Chile
Mapuche Indian development program

FEDES (formerly Hearts in Hands) \$23,621
Santiago, Chile

Medical supplies and humanitarian aid to hospitals
Medical equipment: \$740,567
Ambulances: \$8,000

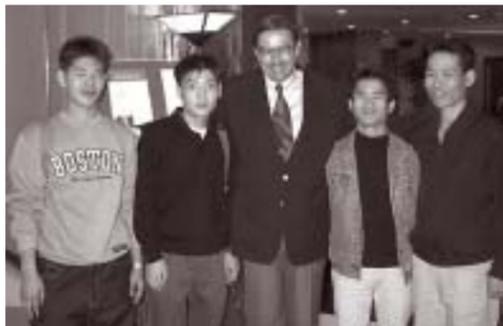
Project CHEER \$1,959
Santiago, Chile
Recreational camps for ill children

Overseas Missions \$2,430
Santiago, Chile
Cancer and burn patients

Healing Colombia \$2,810
Santafe de Bogota, Colombia
Drug prevention program



• **Helping Hands Korea** is a Christian mission in Seoul that was founded in 1990. In October of 1996, Helping Hands Korea largely shifted their focus from projects in South Korea to North Korea, their first program being the Ton-a-Month Club. (This involved rallying donations from concerned South Koreans and expatriates in order to purchase one ton per month of desperately needed grains to send



as famine-relief to the North Korean civilian population.) Then, as the number of North Korean refugees and "food escapees" swelled to a quarter million in China and other surrounding countries, their focus grew to actively address

the needs of North Korean refugee children. By supporting a number of "secret orphanages" in China housing these children, they have the double advantage of being able to monitor the aid given, as well as receive direct feedback from recipients. Project Manager Tim Peters was recently asked to speak before a US Congressional hearing on conditions in North Korea.

• **Family Volunteer Services of Nepal** is initiating a cost-effective medical program in the Mount Everest region of Nepal. Okhaldhunga is a

rural, mountainous, and very poor community of villages with eight ethnic groups. A program was initiated to introduce a community clinic into the area and to give regular health and sanitation classes to the local population.



The plan is to work closely with the regional government and with village leaders to ensure strong local support. A team of educators and volunteers are committed to bringing better living standards to the area. Their key objectives are to lower the death rate from infectious diseases, and lower the infant mortality rate which is over double the Nepal average and twenty times higher than the United States.

• **Family Educational Services Pakistan (FESP)** is an affiliate of Family Care Foundation and operates under its umbrella. FESP is an educational organization with facilities in the three main cities of Pakistan, working hand-in-hand with existing educational and service-oriented local institutions. Their efforts have been directed in the field of education in organizing and conducting seminars and teacher training programs, teaching and training the deaf, assisting in centers for the handicapped, providing supplies to needy institutions, youth counseling, and much more. FESP's Deaf Reach Training Centers in Karachi and Lahore train the hearing impaired in computer-related vocations, and assist graduates in finding employment opportunities.

• **Deaf Reach, Hyderabad, India**, began by identifying potential leaders in the deaf community in Hyderabad and focusing on empowering them with skills and training to better serve their community. For several years now, part of this time in

cooperation with UNICEF, Deaf Reach has been implementing unique leadership training and mentoring programs in the Indian State of Andhra Pradesh. Present day programs include: Leadership Training, Adult Education, Computer Training Program, AIDS Awareness, Job Placement, Interpreters Training, Sign Language Training, Deaf Awareness, and Counseling. Deaf Reach pioneered India's first-ever AIDS Awareness Program for the deaf, entitled "Relationships and Health."

• **Central Thailand Mission (CTM)** is a Thailand-based project



of Family Care Foundation. Central Thailand Mission serves people from all walks of life through personal counseling, seminars, classes, benefit concerts, and audio-visual materials. For the past five years CTM has been involved in adoption preparation programs at Ban Dek On (The Babies' Home), preparing Thai orphans for adoption abroad; motivational programs at the Thanyarak Drug Rehabilitation Hospital/Center in Rangsit; offering personal counseling and skills-training at the Industrial Rehabilitation Center in Pathumthani; as well as making trips to outlying areas of Thailand to distribute food, clothing, and other needed items to refugee villages.

Educational Workshops Mission	\$2,072
Cuenca, Ecuador Family value seminars	
Casa Cumbre Presentations	\$5,622
Lima, Peru Aid for disadvantaged families	
Los Andes Mission	\$15,467
Trujillo, Peru Housing development program	
Casa de Corazones	\$1,851
Managua, Nicaragua Disaster relief in El Salvador/ Guatemala	

Amor en Accion	\$3,566
Santiago, Dominican Republic Street youth center development	
Mexico	
Love in Action	\$2,235
Guadalajara, Mexico Outreach and food distribution program	
Silver Lining	\$6,724
Saltillo, Mexico Youth Motivational programs	
Corazones Unidos	\$22,478
Morelia, Mexico Education/assistance to disadvantaged mothers	

Project HELP	\$2,608
Mexico City, Mexico Food and clothing distribution	
South Reach	\$12,307
Morelia, Mexico Building renovation/development for orphans	
Africa	
Miles for Smiles	\$9,044
Arusha, Tanzania Education and medical seminars	
Matumaini	\$11,256
Durban, S. Africa Youth ministry among orphanages, AIDS counselling	

Eastern Europe	
Love's Bridge, Perm	\$12,370
Perm, Russia Facilities for street children	
Love's Bridge, Moscow	\$3,259
Moscow, Russia Assistance to orphanages	
Family Int'l Volunteer Services	\$4,498
Zagreb-Dubrava, Croatia Orphanage development/education	
Project CHARM	\$1,277
Medjimurje, Croatia Counseling in refugee camps	

Caring Hearts, Hungary	\$4,056
Budapest, Hungary Ill and handicapped children	
FAVOR	\$2,769
Bacau, Romania Assistance to orphanages	
USA	
Native American Outreach	\$2,717
Flagstaff, AZ Reservation renovations	
The Welcome House	\$9,439
Asheville, NC Evangelism and mission support	

HopeReach Missions	\$1,008
Irving, TX Medical mission to Tanzania	
Mission Assist	\$1,759
Fairmont, MN Mission trips to Colombia	
Mission Supply and Service \$9,000	
Roanoke Rapids, NC Food and clothing distribution	
Tampa Family Mission	\$28,914
Tampa, FL Youth training trips to Cuba	
Other program support, grants and humanitarian aid: \$198,084	



• **FEDES (Fundacion Educativa de Desarrollo Economico y Social)** is dedicated to bettering the lives of the poor and disadvantaged of Chile. The concept of human development embraced by FEDES is aimed at satisfying spiritual, emotional, and physical needs, as well as providing training at an individual, family and community level, enabling people to create a stable, safe, and peaceful social environment that will be conducive to the development of families and children. FEDES is presently involved with programs such as:

1. A government-sponsored vocational training school where young people from underprivileged homes receive a free education.

and walkers.

3. Introducing Chile to various outside expertise, organizing seminars to network local organizations with outside resources, and distributing basic needs to the poor.

4. Assistance to a National Center for youth suffering from neurological problems.

• **Healing Colombia** is dedicated to the moral, spiritual, and intellectual recovery of Colombia's youth at risk. The world community is well aware of Colombia's problems, and efforts are being made towards helping to solve the



socio-economic and political difficulties. Healing Colombia augments these efforts through grass roots initiatives that touch individual lives and boost healing not only from without, but from within. In partnership with government institutions, as well as with the therapeutic communities in Bogotá, Healing Colombia works to rescue underprivileged youth from lives of crime and violence, and in turn, offer them new hope for change, and healing of their innermost wounds. Healing Colombia believes that to make a lasting difference, it is necessary to concentrate on the younger generation, and as a result, turn the tide of growing violence and terrorism, which will in turn protect future generations.

• **Project H.E.L.P. (Homeless, Elderly, Lost, Poor)**, Mexico, serves as a cornerstone in organizing charitable work for the needy. Project H.E.L.P.'s programs include the annual Christmas Day event which serves more than 10,000 meals to the homeless in Mexico City's largest plaza, El Zocalo; regularly providing food, clothing, and other essential items for impoverished families; educational and drug rehabilitation programs to improve the standard of life in a home for street children; and supplying the Tarahumara Indians of northern Mexico with vital food and medical supplies. H.E.L.P. volunteers also played a

strategic role in providing emergency relief to flood victims in the remote town of Metztitlan, Hidalgo, when flooding hit north of Mexico City.

Project H.E.L.P. has initiated a five-year food-aid plan to assist San Mateo families who live at poverty level in the hills outside Mexico City. Each family presently receives a 26-pound food bag per week.

• **Healing Hearts—Kosovo (HHK)** works with children traumatized from war and ethnic conflict in the former Yugoslavia. HHK accomplishes many of its goals by utilizing music, drama, clowns, and games—generally making learning a fun experience. Teams visit refugee camps, schools, kindergartens,



orphanages, hospitals, handicapped centers, homes for displaced people, and any other institution where children can be found in need of love and understanding, with the goal of helping them to overcome their trauma of warfare.

HHK promotes reintegration and reconciliation between different ethnic groups, helping minority groups overcome their sense of isolation. Training seminars and workshops are conducted for local young people. Projects are created for children and young people designed to get them activated in their local communities and rebuild the destroyed social bonds.

Financial Highlights for 2001

In a heartening response to our programs, the number of FCF's active donor-partners continues to grow dramatically year by year. Total donors increased by 40% in 2001.

Total revenue grew by 111% in 2001, to \$1,791,925.

FCF made over \$1,448,000 in charitable distributions in 2001, up 140% from the previous year.

In keeping with our commitment to maintain low administrative costs, our total overhead for 2001 amounted to a mere 7% of revenue. So 93 cents of every dollar donated to FCF goes to direct program services.

In line with goals announced in our last annual report, FCF was able to add significant breadth to our support base, creating additional revenue streams for ongoing support of program operations and grant making.

• **Polio Child Relief Mumbai** works to better the lives of polio victims in the Mumbai (Bombay) area in India, along with Doctor Paresh Desai of Shradda Hospital. The first step in the process is that PCR volunteers visit slum areas to locate children in need of this correctional surgery. Free transportation is arranged, without which these folks would not be able to participate, and the children are then admitted to Shradda Hospital, where they receive a free examination and surgery from Dr. Desai. Complimentary follow-up care is also provided, as is counsel for the patients' families. Additionally, Polio Child Relief Mumbai is also involved in finding sponsors to cover the cost of further operations and expenses in hardship cases.



STATEMENT OF FINANCIAL POSITION

	2001	2000	1999
ASSETS			
Cash and Cash Equivalents	\$140,078	\$91,178	\$77,730
Capital Leases (building, land, equipment)	435,000	435,000	435,000
Other Assets	38,116	23,515	27,981
Total Assets	\$613,194	\$549,693	\$540,711
LIABILITIES			
Accounts Payable	21,897	5,641	1,335
Deferred Revenue	2,148	3,378	6,521
Capital Leases Payable	385,151	389,112	396,879
Total Liabilities	\$409,196	\$398,131	\$404,735
NET ASSETS			
Unrestricted Net Assets	78,089	84,901	97,859
Temporarily Restricted Net Assets	134,180	78,090	38,117
Total Net Assets	\$212,269	\$162,991	\$135,976
Unrealized Gain/Loss on Securities	(8,271)	(11,426)	0
Total Net Assets	\$203,998	\$151,562	\$135,976
Total Liabilities and Net Assets	\$613,194	\$549,693	\$540,711

STATEMENT OF ACTIVITIES

	2001	2000	1999
INCOME			
Contributions/Grants	\$706,702	\$528,432	\$466,922
Donated Goods	1,059,966	297,641	128,825
Donated Investments	4,119	0	0
Exempt Purpose Sales	4,030	8,187	16,633
Interest Income	319	732	3,555
Dividend Income	2,108	3,646	128
Gain on Sale of Donated Securities	0	0	55
Loss on Sale of Investment	-1,060	0	0
Other Income	15,741	11,690	0
Total Income	\$1,791,925	\$850,328	\$616,118
EXPENDITURES			
Missionary Support, Grants, and Allocations	389,031	590,144	426,987
Other Program Services	1,227,489	201,162	119,966
Total Program Services	\$1,616,520	\$791,306	\$546,953
Fund Raising Costs	52,250	3,581	5,000
Other Operating Costs	73,878	28,326	20,225
Total Support Services	\$126,128	\$31,907	\$25,225
As % of Revenue	7.0%	3.7%	4.1%
Total Expenditures	\$1,742,648	\$823,213	\$572,178
CHANGE IN NET ASSETS			
Change in Net Assets	49,277	27,015	43,940
Net Assets at Beginning of Year	162,991	135,976	92,036
Net Assets at End of Year	\$212,268	\$162,991	\$135,976

A complete set of Financial Statements, audited by Peter Coulston, C.P.A., in which an unqualified opinion was rendered, is available upon written request to the Treasurer.

Our Vision and Goals

In keeping with our policy of building our core competency, FCF intends to significantly expand our program to develop local nonprofit entrepreneurial leadership and ideas, and build the capacity of grassroots charitable organizations and projects in developing nations.

In the process, we will significantly expand the amount,

extent, and impact of our grants and program support.

We will continue to focus on forging partnerships and collaborations with other agencies, funding institutions and donors to create new and innovative programs. A front-burner program for 2002 is AIDS-related issues in sub-Saharan Africa.

Above all, FCF intends to con-

tinue being flexible and responsive to needs and opportunities to serve that come our way. We have always been, and intend to continue being, an organization that is focused on goals and results, and that is eager to tackle unique and challenging projects. We believe strongly in the entrepreneurial spirit that drives positive change in the nonprofit sector.



• **Africa Radio Ministry** is a Uganda-based project of FCF which produces and broadcasts a syndicated radio program called Nu Beat. The aim of the program is to address social issues within a contemporary Gospel message using music, drama, and inspirational anecdotes. Nu Beat is designed to play on either secular or Christian radio stations, with plans to expand nationwide. The program also includes a comprehensive mail follow-up.

• **Helping Hands Volunteer Foundation** both encourages and harnesses volunteer power in Russia's Far East. All programs are geared to helping children and people at different levels of society. Dozens of young people in Vladivostok actively participate in carrying out the Foundation's activities: helping in orphanages, operating anti-drug campaigns, and serving as role models for others to follow. With drug consumption on the rise in Russia, Helping Hands focuses on conducting drug prevention seminars in primary schools, high schools,

and universities. Additionally, anti-drug music concerts, discos, and summer camps are organized to get youth off the streets and involved in more meaningful activities.

Free courses are organized to enable young people to learn and practice English as a second language and in so doing enhance their possibilities for better education and employment. Helping Hands provides a curriculum for several orphanages in the region spanning languages, art, sports, and extracurricular activities, as well as providing counseling services. They also help organize activities for the handicapped, provide needed equipment, education, and recreation, as well as organize the distribution of humanitarian aid to the needy in the form of food, clothing, and equipment via their volunteer program.

• **Builders of the Future**, Bangkok, works alongside numerous Thai government institutions and participates in drug-awareness and prevention programs for high school students, as well as one geared to youth aged 6-12. These programs include a training course, youth counseling, seminars, group discussions, and a music and drama

program, the latter of which has been acclaimed by school and government officials as an "effective and positive way to boost morale and show that there is a way to be happy without the use of drugs." Other drug prevention activities include personal counseling at schools, colleges, and juvenile detention centers, and participating in International Anti-Narcotics Day for the past decade.

Builders of the Future also assists the Thai Red Cross and various Government Ministries, including Ministry of Defense and Ministry of Foreign Affairs. They also are involved with the Bahn Tung Mahamek boys' homes providing educational tools, activities, and excursions, as well as instilling positive morals through various presentations. Weekly, they visit various Bangkok hospitals for terminally ill children and offer free English language classes at government institutions.





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